



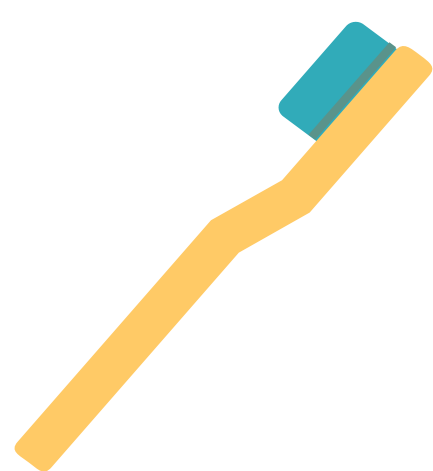
Bedtime Routine

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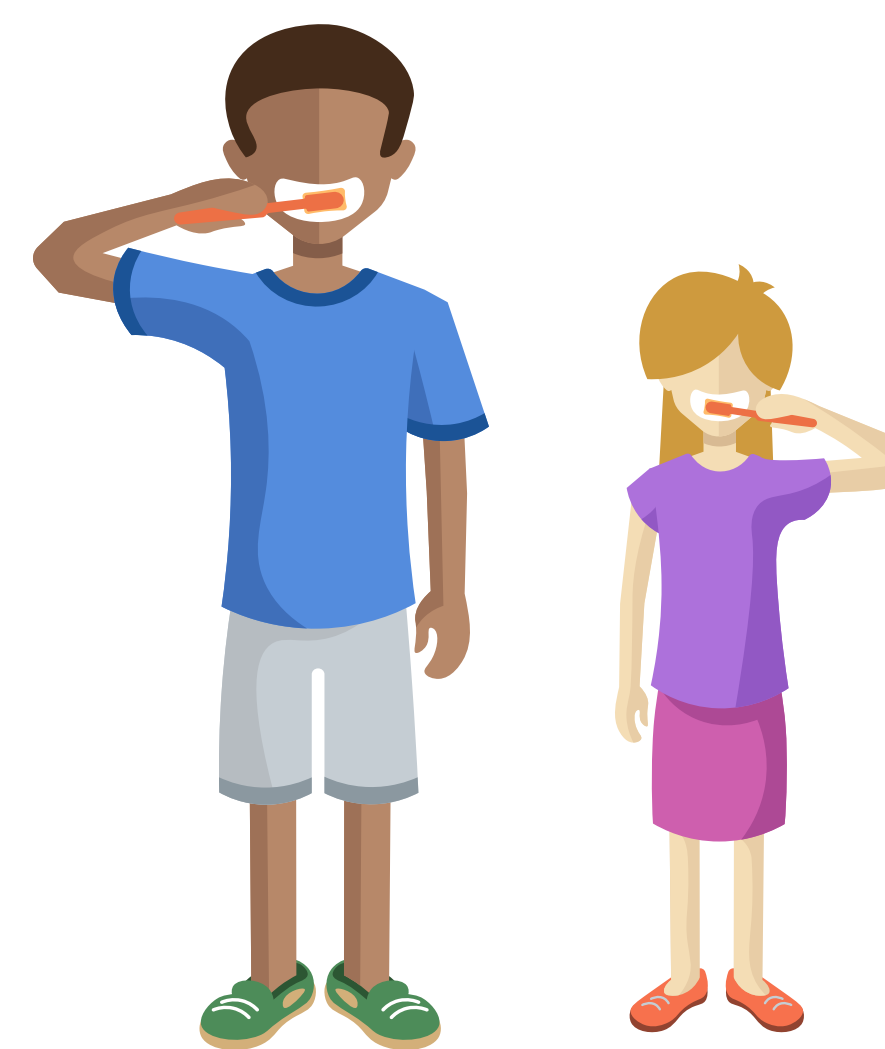
Take a bath or shower

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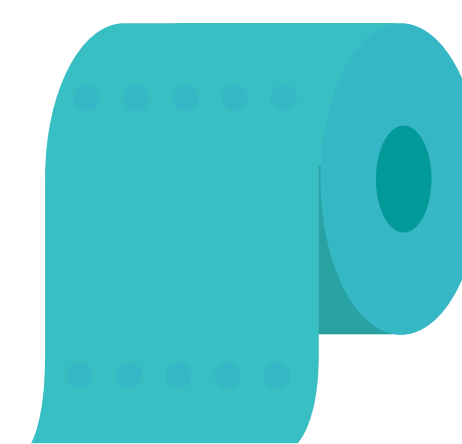
Put on your pj's

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Brush your teeth

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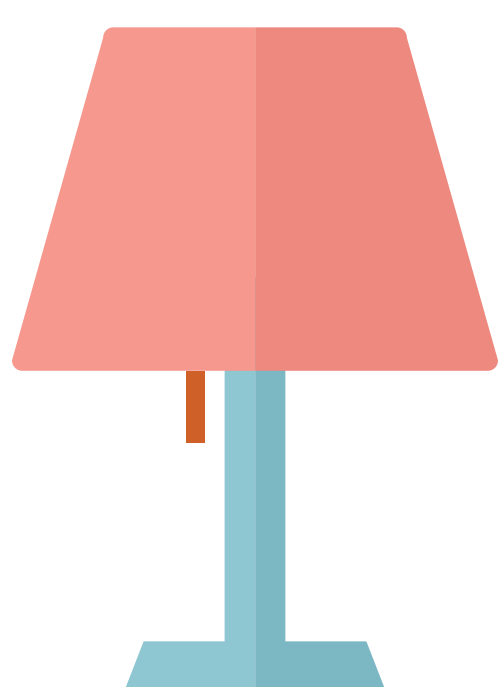
Use the bathroom

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Turn off TV, put your phone away

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Read a book

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Turn off the light